

Connecticut
Urology
Society

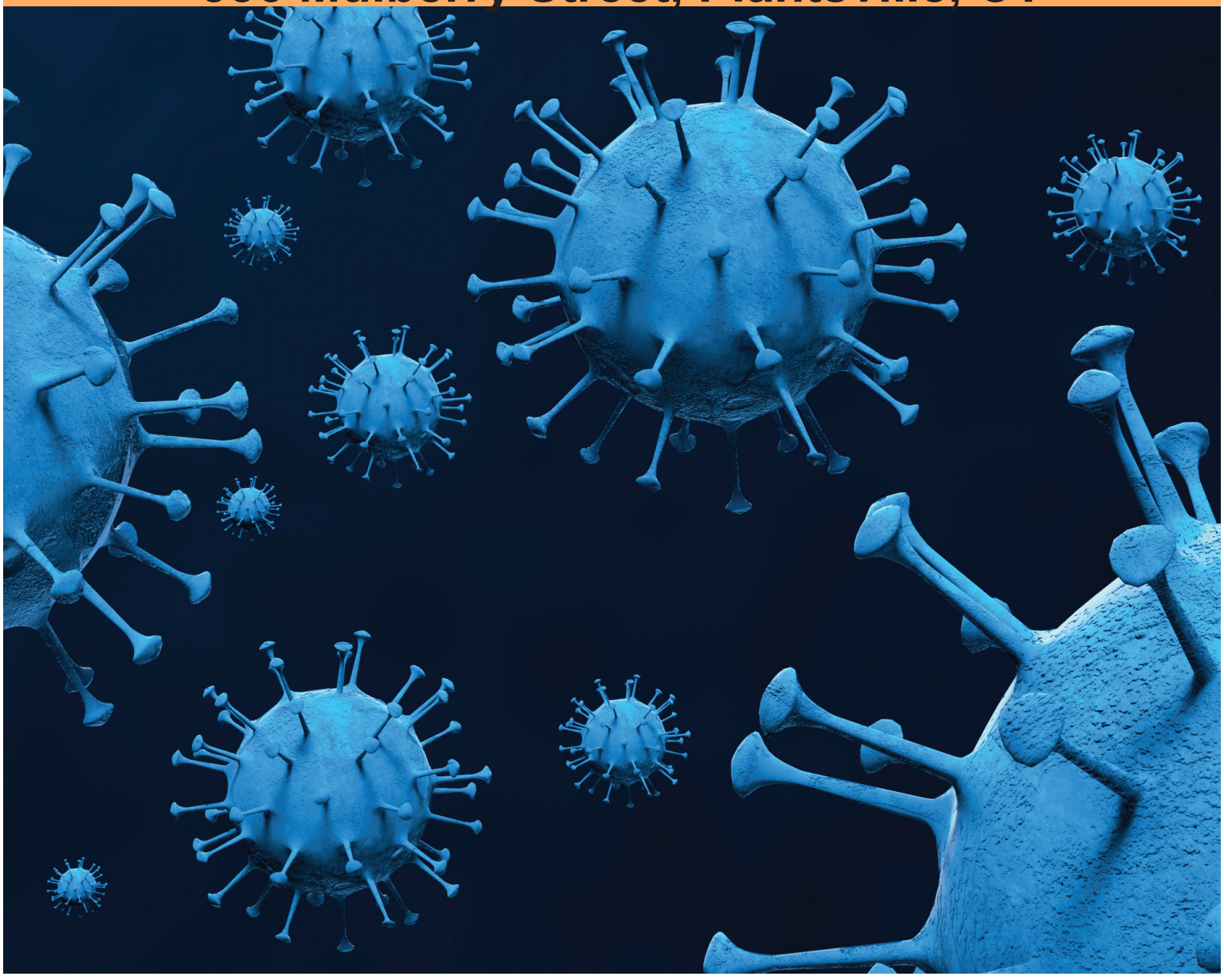


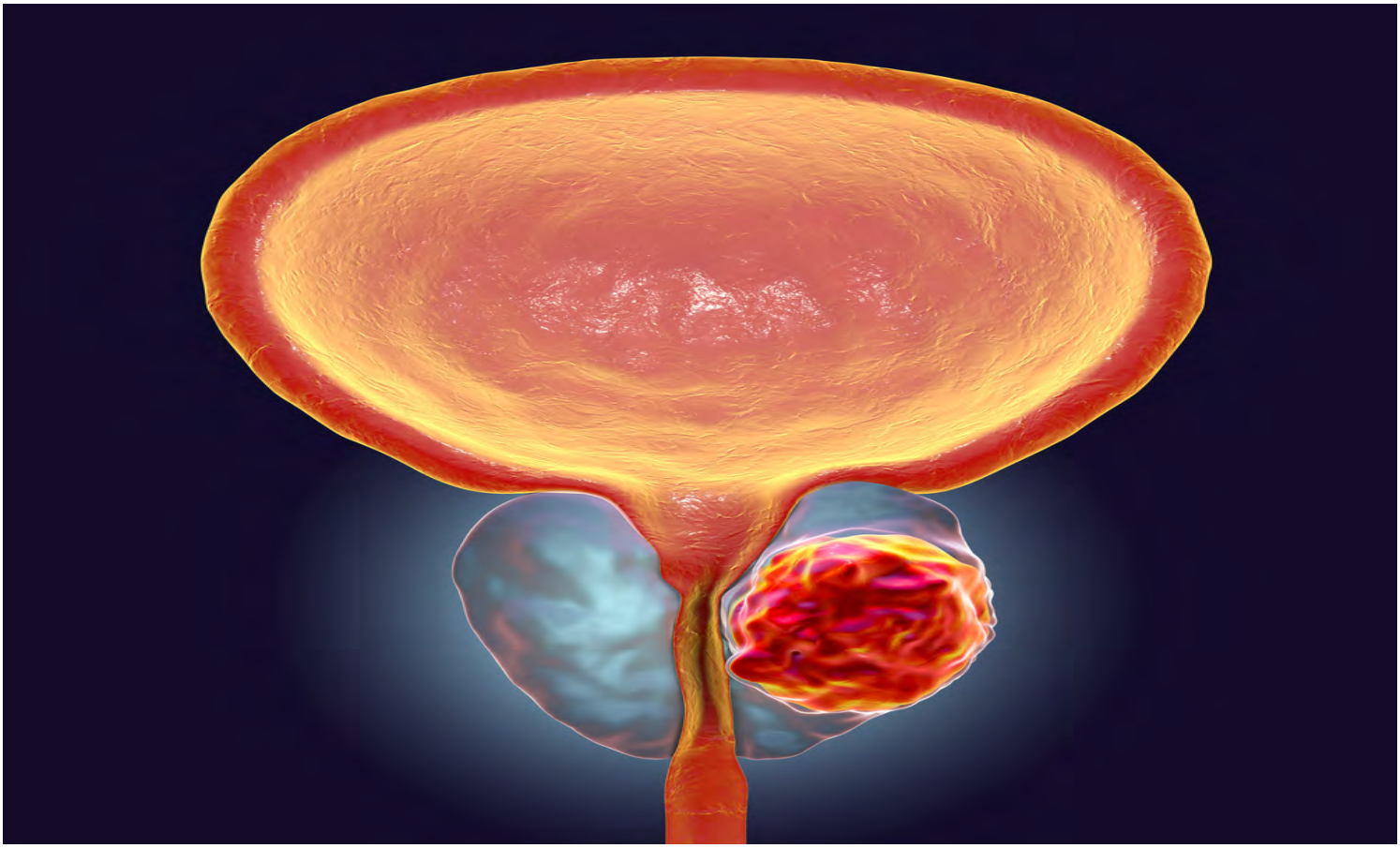
CONNECTICUT UROLOGY SOCIETY

Registration

Live Education Program, Thursday October 8, 2026 8-5 pm

Aqua Turf Club
556 Mulberry Street, Plantsville, CT





Outcome Measurements

Name: _____

1. Has this symposium changed the way you will care for patients? ☐ Yes ☐ No
2. Do you believe this symposium will have a positive effect on patient surgical or clinical outcomes?
   ☐ Yes ☐ No
3. Can you offer other speakers or topics that will provide information to improve clinical outcomes at the next meeting? ☐ Yes ☐ No_____

_____

4. How has this symposium changed the way you will care for patients and what are you going to change?

_____

_____

Mission Statement

The mission statement of the Connecticut Urology Society is to serve, represent and advance the science and the ethical practice of Urology in the State of Connecticut. Our target audience includes urologists and their staff, including, nurses, PAs, medical assistants, scribes, office managers and front office staff.

The Society promotes excellence in patient care and education in Urology through the sponsorship of an Annual Scientific meeting. The Connecticut Urology Society is dedicated to providing communication and fellowship to the members of the Urologic Community in Connecticut through these meetings.

The programs are an opportunity for urologists to identify and discuss critical issues facing their profession and are designed to meet the clinical and educational needs of its members and the objectives set forth by the CT Urology Executive Board. Specific competency, performance and patient outcomes will be proposed by speakers and evaluated by participants.

CSEP ensures that all decisions related to the planning, faculty selection, delivery, and evaluation of accredited education are made without any influence or involvement from the owners and employees of an ineligible company. In addition, CSEP ensures that the Accredited education is free of marketing or sales of products or services and that all faculty will not actively promote or sell products or services that serve their professional or financial interests during accredited education. CSEP will not share the names or contact information of learners with any ineligible company or its agents without the explicit consent of the individual learner.

Connecticut Urology Society

Annual Educational Meeting- Aqua Turf, 556 Plantsville, CT 06759

7:30 – 8:00 AM Registration & Breakfast

8:00 – 8:10 AM Welcome & Opening Remarks

- **Stuart Kesler, MD,** CUS President

8:10-8:25 CUS Business Meeting

Morning Scientific Session

8:25 – 8:55 AM

Title: "Hereditary Cancer Syndromes in Urology: What Every Urologist Should Know"

-Karina Brierley, MS, CGC, Licensed Certified Genetic Counselor
Smilow Cancer Genetics and Prevention Program

Learning Objectives

1. Identify "red flags" that should prompt genetic evaluation for hereditary cancer syndromes associated with genitourinary cancers
2. Recognize the key hereditary cancer syndromes relevant to urology
3. Apply current guidelines for genetic testing for genitourinary cancers
4. Integrate genetic findings into management recommendations

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8:55 – 9:35 AM

The Surge of Male Mortality:ED,Testosterone and Men's Cardiometabolic Health: Part1

-Martin Miner MD, *Clinical Professor of Family Medicine and Urology*
Warren Alpert School of Medicine Brown University

Learning Objectives

1. Explore the contributors to the Global Longevity Gap Between Men and Women
2. Examine male sexual health as a gateway to men's preventative health
3. ED as predictor of subsequent CVD: Princeton V Study
4. Review barriers to the Dx and second treatment of testosterone deficiency

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10-8-26 Morning Session Continued

9:35 – 10:15 AM

Title: Updates in Prostate MRI

-Angela Tong, MD

Learning Objectives

1. Recognize and understand the purposes of the dominant sequences used in prostate MRI
2. Understand Prostate Imaging Reporting and Data System (PI-RADS)
3. Recognize prostate cancer on prostate MRI

10:15 –10:45 AM

Morning Break / Exhibits

10:45 – 11:25 AM

The Surge of Male Mortality ED, Testosterone and Men's Cardiometabolic Health *Part 2*

-Martin Miner MD, *Clinical Professor of Family Medicine and Urology*
Warren Alpert School of Medicine Brown University

Learning Objectives: (see Part 1)

11:25 – 12:05 PM

Title: Hormones and Beyond: A Urologist's Guide to Managing Female Sexual Dysfunction
-Meredith Wasserman, MD

Learning Objectives

1. Review female sexual response including anatomy, physiology and pathways
2. Define female sexual dysfunction specifically related to disorders of pain and desire
3. Discuss hormone-based and non-hormone-based treatments for female sexual dysfunction

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12:05- 12:35

Optimizing patient selection in older adults undergoing urologic cancer surgery
- Benjamin Ristau, MD

Learning Objectives

1. Provide a working knowledge of clinical risk assessment tools for older adults undergoing urologic cancer surgery
2. Generate foundational understanding of the potential for aging biomarkers to augment risk surgical risk assessment

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12:35-1:05 Lunch with Senator Jeff Gordon, MD recipient of the 2026 Advocacy Award

1:05-1:50 Industry-Sponsored Symposium- UroGen Pharma

Afternoon Scientific Session

1:50 – 2:20 PM

From Ebola Outbreak to Exam Room: Why Global Health Preparedness Matters in Urologic Practice
-Craig Spencer MD

Learning Objectives

1. Describe the principal mechanisms by which emerging and epidemic-prone pathogens reach domestic clinical practice, including viral persistence in immune-privileged sites, international spread of antimicrobial resistance, and healthcare-associated transmission.
2. Explain how changes in global outbreak detection and response capacity affect domestic clinical readiness, including the downstream effects of care disruption on urologic patients.

2:20 – 2:50 PM

Current and Future State of Renal Imaging
-Angela Tong, MD

Learning Objectives

1. Understand the best imaging modalities to evaluate solid and cystic renal masses
2. Understand the radiological grading systems used to assess renal masses
3. Understand malignant features of renal masses.

2:50-3:20 PM Title: "A little leak is still a big

problem" - Joshua Sterling, MD

Learning Objectives

1. Discuss post-procedural stress urinary incontinence, barriers to treatment,and current treatment options and success rates.

3:20-3:40 PM Coffee Break

3:40-4:20PM Industry-Sponsored Symposium- Medtronic

4:20 PM Resident and other tough cases, panel discussion

5PM Senator Saud Anwar, MD Chairman of the Public Health Committee

Connecticut Urology Society 10-8-26 Speaker Bios

Aqua Turf, 556 Mulberry Street, Plantsville, CT



Karina L. Brierley, MS, CGC is a licensed certified genetic counselor and Genetic Counselor IV for the Smilow Cancer Genetics and Prevention Program. She has been a cancer genetic counselor in the Yale New Haven Health/Smilow Cancer Hospital system for over 20 years. Ms. Brierley received her bachelor's degree in neuroscience from Bowdoin College, and her master's degree in Genetic Counseling from Brandeis University. She worked with colleagues throughout the state to pass Connecticut state licensure for genetic counselors and help ensure access to high quality genetic counseling services for patients in Connecticut. She served on the inaugural board of directors that established the Connecticut Genetic Counselors' Association. Ms. Brierley is currently working with the team at Smilow to develop and oversee novel service delivery models to increase access to responsible genetic testing.



Martin Miner, MD is the founder and former co-director of the Men's Health Center at the Miriam Hospital in Providence, Rhode Island. He served as Chief of Family and Community Medicine for the Miriam Hospital, a teaching hospital of the Warren Alpert School of Medicine from 2008 to 2018. The Men's Health Center under his leadership was the first such center to open in the US. He is the ex-president of the American Society of Men's Health and current president of the Androgen Society. He is also a clinical professor of family medicine and urology at the Warren Alpert Medical School of Brown University in Providence and has been charged with the development of a multidisciplinary Men's Health Center within the Lifespan/Brown University system since 2008.

Dr. Miner graduated Phi Beta Kappa from Oberlin College with his AB in biology and received his MD from the University of Cincinnati College of Medicine. Upon receiving his MD, he completed his residency at Brown University. He practiced family medicine for 23 years both at Harvard Pilgrim Health Care and in private practice.

Dr. Miner presently holds memberships in the American Academy of Family Physicians, the RI and Massachusetts Academy of Family Physicians, and American Urologic Association, and is a fellow of the Sexual Medicine Society of North America. He is the President of the Androgen Society developed for the education of providers on the truths of testosterone therapy. Dr. Miner has served on the AUA Guideline Committees for erectile dysfunction, peyronie's disease, testosterone deficiency and early screening for prostate cancer. He has presented both at the NIH, the White House and the FDA on men's health initiatives and has authored over 150 peer-reviewed publications and spoken nationally and internationally in multiple venues. He recently presented at the FDA's expert panel meeting on Testosterone Therapy in December, 2025.

Dr. Miner was chosen the Brown Teacher of the Year in 2003 and 2007 and was recognized by the Massachusetts Medical Society's Award as achieving the most significant contribution to Men's Health: 2012.



Benjamin Ristau, MD, MHA Benjamin T. Ristau, MD, MHA is an Associate Professor of Surgery and Chief of the Division of Urology at UConn Health in Farmington, CT. He completed residency at the University of Pittsburgh Medical Center and an SUO-accredited fellowship at Fox Chase Cancer Center in Philadelphia, PA. Dr. Ristau's clinical practice focuses on the minimally invasive and open surgical management of urologic cancers and adrenal disorders. He serves as the NSQIP surgeon champion for John Dempsey Hospital at UConn Health. Dr. Ristau's research seeks to improve the way in which we diagnose and treat prostate, bladder, and kidney cancers as well as risk stratification in older adults undergoing urologic surgery. He has authored more than 75 peer-reviewed manuscripts and book chapters. Outside of work, he enjoys spending time with his wife and three children and trail running.



Craig Spencer, MD, Craig Spencer, MD, MPH is an emergency medicine physician and Associate Professor of the Practice of Health Services, Policy, and Practice at Brown University School of Public Health. For nearly two decades, he has worked at the intersection of global health, humanitarian response, and community-centered public health.

His field work has spanned Africa, Southeast Asia, the Caribbean, and Central America. Projects have included community-based pregnancy monitoring and maternal health programs in Burundi and Ethiopia, child separation surveillance in Congo and South Sudan, hepatitis E outbreak investigation in Chad, and coordinating MSF's national epidemiological response during the Ebola outbreak in Guinea. He has also provided emergency medical care aboard MSF's Mediterranean search-and-rescue vessel.

At Brown, he focuses on the historical determinants of public health and humanitarian response. His writing has appeared in The New England Journal of Medicine, The New York Times, The Atlantic, and other leading outlets. He was elected a life member of the Council on Foreign Relations in 2024 and serves on the Board of Advisors for Doctors Without Borders USA.



Joshua Sterling, MD, is an Assistant Professor of Urology specializing in trauma and genitourinary reconstruction at Yale School of Medicine. He completed a GURS fellowship in Reconstructive Urology and Transgender Care at SUNY Upstate Medical University. He earned his medical degree from New York Medical College and completed his urologic residency at Robert Wood Johnson University Hospital. Dr. Sterling’s clinical areas of interest are urethral and ureteral strictures, genitourinary fistulae, urinary complications of radiation, and genital gender affirming surgery. His research interests focus on stricture formation, tissue regeneration, and the effect of sex and gender on health care outcomes. He is the author of over 50 peer-reviewed manuscripts and book chapters.



Angela Tong, MD is an associate professor of radiology and urology in the Abdominal Imaging Section of the Department of Radiology at NYU Grossman School of Medicine. She trained at New York Medical College for diagnostic radiology residency and NYU Grossman School of Medicine for a body MRI fellowship. She happily stayed on as an attending at NYU afterwards. As the Director of Prostate Imaging, she ensures the quality of the prostate imaging and interpretation. She is also interested in clinical research of prostate imaging and the implementing of novel imaging and tools, especially utilizing machine learning in order to increase accessibility of prostate imaging to patients.



Meredith Wasserman, MD MS is the director of Female Pelvic Medicine, Reconstructive Pelvic Surgery and Neurourology at Brown University health in Providence, Rhode Island. She holds joint appointments as assistant professor of surgery (urology) and assistant professor of obstetrics and gynecology at the Warren Alpert Medical School of Brown University. Her clinical expertise includes complex pelvic floor disorders, female sexual dysfunction and neurourology. Dr. Wasserman earned her medical degree from The Warren Alpert Medical School at Brown University and remained at Brown to complete a residency in urologic surgery. Following residency, Dr. Wasserman received fellowship training in urogynecology, reconstructive pelvic surgery and neurourology at New York University's Department of Urology at Langone Health. Dr. Wasserman currently serves as the Rhode Island Representative to the New England Section of the American Urologic Association.

Financial Disclosures

Karina Brierley, MS, CGC	None	None
Martin Miner, MD	Verity, Tolmer	Consultant
Benjamin Ristau, MD	None	None
Craig Spencer, MD, MPH	None	None
Joshua Sterling, MD	Intuitive Surgical	Surgical Proctor
Angela Tong, MD	Siemens Healthineers	Research support
Meredith Wasserman, MD, MS	None	None

Meeting Planners Financial Disclosures

Stuart Kesler, MD	None	None
Debbie Osborn	None	None

Certificates

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of CSEP and the CT UROLOGY SOCIETY. CSEP is accredited by the ACCME to provide continuing medical education for physicians. CSEP designates this educational activity for a maximum of 5.5 AMA PRA Category I Credit(s)TM toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

UroGen® Pharma

Title of Presentation: UroGen: Expanding therapeutic options for patients with urologic cancers. - John Sfakianos MD., Icahn School of Medicine at Mount Sinai, New York, NY

Objectives:

1. Showcase Jelmyto and Zusduri's roles in urologic oncology care.
2. Highlight clinical evidence and differentiation of each therapy within the treatment landscape.
3. Support understanding of patient selection and treatment considerations for appropriate use.



BioSketch:

Dr. John Sfakianos is a Professor of Urology and Urologic Oncology at the Icahn School of Medicine at Mount Sinai. He specializes in the surgical treatment of urothelial cancers of the bladder and upper urinary tract, utilizing open, laparoscopic, and robotic techniques. A strong advocate of multidisciplinary cancer care, he collaborates closely with medical and radiation oncologists to offer personalized treatment plans. His research focuses on personalized medicine in urothelial and prostate cancers, including genomic analysis and novel therapies. Dr. Sfakianos completed his fellowship at Memorial Sloan Kettering Cancer Center and has authored numerous publications

CONNECTICUT UROLOGY SOCIETY October 8,2026Annual Educational Program CME EVALUATION FORM

Connecticut Urology Society

Physician's Name_____ **E-mail:** _____

Please evaluate the following topics on a scale of 1 to 4 with the following values:

1 - poor 2 - satisfactory 3 - good 4 - excellent

Circle One

1. SUBJECT MATTER OF MEETING 1 2 3 4 2 LOCATION 2 3
3. FACILITIES 1 2 3 4 4. AUDIO/VISUAL 2 3

Hereditary Cancer Syndromes in Urology-Karina Brierley, MS

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

The Surge of Male Mortality- Martin Miner, MD

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

Updates in Prostate MRI-Angela Tong, MD

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

– **Hormones and Beyond- Meredith Wasserman, MD**

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

–

Infectious Disease- Craig Spencer, MD

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

Current and Future State of Renal Imaging- Angela Tong, MD

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

Resident and other tough cases

Degree to which objectives were met 1 2 3 4
Did speaker disclose financial interests in any product or company? ___Yes ___No
Was the presentation fair and balanced? ___Yes ___No

The Connecticut Urology Society Annual Meeting

Thursday October 8, 2026

Aqua Turf , 556 Mulberry Street

Program

Email: debbieosborn36@yahoo.com Fax 860-567-4174

Registration Form

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CITY:_____ STATE:_____ ZIP:_____

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_____ Yes, I am planning on attending the October 8, 2026 Education Program

_____ No, I am unable to attend the October 8, 2026 Education Program

Early Bird Member Physician Fee: $100.00 if paid by September 20, 2026

Member Physician Fee:	**$125.00** ***After September 20, 2026***
Non-Member Fee:	**$200.00 if paid by Sept 20, 2026** **$225.00** ***After Sept 20, 2026***
Non-M.D (ie. PAs, APRNs)	**$ 75.00**
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Please mail or fax this form to:
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This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of CSEP and The Connecticut Urology Society. CSEP is accredited by the CSMS to provide continuing medical education for physicians.

CSEP designates this educational activity for a maximum of 5.5 credit hours in category I credit toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

(Please use a separate form for each physician)

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10-8-26 Connecticut Urology Society Annual Meeting

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